

Daily Functioning Log for Disability

A function-first log for the tasks, assistance, and daily losses evaluators actually weigh.

Routing Note

- Need:** Sometimes the real evidence is not the pain number. It is the task that broke, the help you needed, the thing you could not finish.
- Tool:** Use it when independence, assistance, and functional loss are the main facts that need to survive the day.
- Rule:** Write dependence plainly. Help needed is evidence, not failure.

Name: _____

Date Range: _____

Daily Function Loss Record

Rate each area: ' = held, ~ = reduced, ' = failed, N/A = not attempted. This sheet is for

Activity	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Bathing/Show ering							
Dressing							
Preparing meals							
Eating							
Housework/cle aning							
Walking (15 min)							
Stairs							
Driving							
Shopping/err ands							
Sitting (30 min)							
Standing (15 min)							
Lifting (10 lbs)							
Concentrating (1 hr)							
Social interaction							

Help the Day Required

Help received from: _____

Tasks they helped with: _____

Other losses, workarounds, and notes